



Kenya
Red Cross

ICHA | International Center for
Humanitarian Affairs
At the Kenya Red Cross Society

Inquire • Understand • Influence



Baby Minder/Child First Aid

Dealing with an injured or a very sick child is overwhelming and can be tough when one is uncertain about what to do in such situations. This course teaches care givers how to deal with injuries and common medical emergencies seen in infants and children.

Baby Minder/Child First Aid

What you will gain

Participants will be taught practical skills in a stimulating, interactive learning environment. After successfully completing the course, you will be able to:

- Recognize and handle common life-threatening situations
- Identify and manage common medical emergencies in infants and older children

Who should attend

This course is recommended to everyone who provides care to children

- Parents
- House nannies/home managers/home helps
- School teachers/assistant school teachers
- Sunday school teachers/Madrasa Teachers
- Swimming instructors
- Nurse Aides/Patient Care Attendants

Topics covered

- Scene assessment
- Introduction to First Aid for care providers
- Common accidents in the house
- Common early childhood illness and diseases
- ABCD approach in recognizing signs of serious illness
- Infant and Child Cardio pulmonary resuscitation (CPR)
- Chocking/Airway Obstruction
- Injuries/Fractures/Burns
- Bleeding, bites and stings
- Consequences of unmanaged emergencies

Duration

6-8 hours, usually on weekends

Certification

Successful participants will receive a Kenya Red Cross Society Certificate of Completion.

Highpoints for this course

- Provides peace of mind for caregivers

For more information regarding our courses and how to apply, get in touch with us through;

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