



Kenya
Red Cross

ICHA | International Center for
Humanitarian Affairs
At the Kenya Red Cross Society

Inquire • Understand • Influence



Occupational First Aid Course

This is a more advanced level first aid course, suited for employees in all types of organisations, both public and private and industries, as well as schools, colleges and universities.

Occupational First Aid Course

What you will gain

Through both theory and practical sessions, the course on completion will equip employees with the skills to:

- Assess, prepare and respond to emergency incidents
- Monitor risks at the workplace
- Manage medical and injured casualties
- Manage emergency incident scenes including communication and how to effectively function within the chain of survival

Who should attend

- Individuals or groups of individuals from workplaces (factories, industries, offices, learning institutions, financial institutions, healthcare and wellness institutions and corporate organizations)
- Employees in government and non-governmental organizations
- Employees from private organizations and institutions

Topics covered

- First Aid Essentials
- Techniques and equipment
- Life Saving procedures
- Respiratory Problems
- Heart and circulatory problems
- Wounds and bleeding
- Bone joint and muscles injuries
- Nervous system problems
- Environmental injuries
- Foreign objects
- Poisoning, bites and stings
- Medical problems

Duration

4 days course for new course applicants. 2-3 days for refresher course

Certification

Successful participants will receive a Kenya Red Cross Society Certificate of Completion.

For more information regarding our courses and how to apply, get in touch with us through;

P.O. Box 40712, 00100-GPO, Nairobi, Kenya

Telephone: +254 705464722; +254 787789533; +254 703037671; +254 703037653 Email: info@icha.net

Website: www.icha.net or www.redcross.or.ke



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