



Kenya
Red Cross

ICHA | International Center for
Humanitarian Affairs
At the Kenya Red Cross Society

Inquire • Understand • Influence



Health Emergencies in Large Populations (HELP)

The course provides a multicultural and multidisciplinary learning experience geared towards addressing the key thematic areas in health and taking into account emerging issues globally.

Health Emergencies in Large Populations

The HELP course was created in 1986 by the International Committee of the Red Cross (ICRC) to infuse professionalism in humanitarian assistance programmes conducted in emergency situations. The HELP course is today a frontrunner in providing training, research and development in humanitarian action. So far, the course has been facilitated in various parts of Latin America, Asia, Western and Eastern Europe and Africa.

What you will gain

This course aims to train professionals in the principles and practice of humanitarian action in response to disasters and humanitarian crises. It has an emphasis on the essential of the humanitarian sector, public health, health care and ethics. Participants can expect to learn through lectures, case studies, focus group discussions, presentations, field work and scenario-based learning and simulations

Who should attend

This course is intended for health professionals including doctors, nurses, nutritionists, environmental engineers, epidemiologists and public health officers as well as those with interest in humanitarian assistance or emergency programmes.

Participants of the HELP course will be joining the more than 2500 health professionals and humanitarian aid workers from the International Red Cross and Red Crescent Movement, United Nations agencies, NGOs, Ministries of Health, Armed Forces Medical Services and academic institutions, who have attended the course since its inception in 1986.

Course Content

Week 1: Health Emergencies in Large Populations I

This module focuses on public health tools necessary for making appropriate decisions in emergency situations involving large populations. It provides the foundation for common approaches to public health among humanitarian organizations that contribute to better programme coordination in emergency operations. Throughout the module, participants are encouraged to share their field experiences.

Week 2: Health Emergencies in Large Populations II

In the second week, the focus is on important topics encompassing communicable diseases, epidemiology, International Humanitarian law and ethics. The specific topics covered within this module include the following:

- Planning during emergencies
- Nutrition & Economic Security
- International Humanitarian Law
- Communicable Disease Control
- Health Care Services
- Mental Health
- Water Challenges
- Health Information Systems & Epidemiology
- Dilemmas faced by health professionals in humanitarian operations
- Health professionals have to make difficult choices in armed conflicts
- Security
- Sexual and Gender Based Violence
- Reflection

Partnering Organizations

The HELP Course is facilitated by the Kenya Red Cross Society in conjunction with the International Committee of the Red Cross (ICRC), Institute of Tropical Medicine and Infectious Diseases (ITROMID), Jomo Kenyatta University of Agriculture & Technology (JKUAT) and World Health Organization (WHO).

Duration

2 weeks (Monday - Friday)

Certification

Successful participants will receive a certificate of completion.

For more information regarding our courses and how to apply, get in touch with us through;

P.O. Box 40712, 00100-GPO, Nairobi, Kenya

Telephone: +254 705464722; +254 787789533; +254 703037671; +254 703037653 Email: info@icha.net

Website: www.icha.net or www.redcross.or.ke



International Center for Humanitarian Affairs



@ICHA_Intl



International Center for Humanitarian Affairs

